

We offer a variety of massage and beauty treatments whether it's in the comfort of your own villa by the pool with the sway of palm trees or relaxing indoors at our Spa & Treatment Center.

Physical massage has many benefits – it increases circulation, lowers blood pressure and stimulates the production of endorphins... and it feels good to simply unwind, be nurtured and pampered! Thai massage is definitely a must when here! A combination of acupressure and gentle stretches releases blockages and restores a free flow of energy through your body - leaving you feeling relaxed and rejuvenated. But there's more on the menu! Our full body aromatherapy oil massage incorporates long sweeping strokes to really work the muscles for deep relaxation. Or why not enjoy a traditional prakop massage or a Vitamin E massage for toned and shining skin. The choice is yours!

For large groups we have several special offers with set pricing where each person can enjoy the experience of massage and beauty treatments with no time limits, some body scrubs, facials, steam room and a healthy lunch – or why not let us help you create your own!

If there is a treatment you would like and do not see on the menu, please don't hesitate to ask and we will do our best to fulfill your request.



## Massage

### Thai Massage

A strong energizing massage that includes acupressure, stretches and gentle manipulation.  
**800 baht/60min. - 1,100 baht/90min.**

### Relaxation Oil Massage

A soothing and gentle massage which incorporates a lot of oil to help you completely relax and unwind.  
**1,000 baht/60min. - 1,300 baht/90min.**

### Back, Neck, Shoulder Massage

Focuses on the tension in back, neck and shoulders. Using herbal oil, built up stress is released.  
**1,500 baht/90min.**

### Prakop Massage

Warm herbal stamps are pressed along the energy lines of your body to massage your tension away.  
**1,500 baht/90min.**

### Vitamin E Massage

Incorporates a rich Vitamin E cream together with a full body massage that will leave your skin soft and shining.  
**1,100 baht/60min.**

### Aloe Vera Massage

The perfect after sun massage. Uses Aloe Vera gel for a full body massage to relax your skin.  
**1,200 baht/60min.**

### Sports Massage

A perfect finish after a work out in the gym. A full body massage to really work your muscles.  
**1,500 baht/90min.**

### Foot Massage

Combines a refreshing foot scrub with light acupressure and massage to relax stressed feet.  
**650 baht / 60min.**

### Head Massage

A light nurturing gentle massage of the head, face and shoulders. Feel the stress slip away!  
**650 baht / 60min.**



## Steam

Relax and unwind in our herbal steam room.  
**up to 1 hour - 250 baht**

## Scrub

### Body Scrub

Enjoy a full body scrub followed by a delicious body cream and light massage. For soft and shining skin.  
**800 baht/30min.**

### Foot Scrub

Pamper your feet with a foot scrub and light massage. For beautiful and soft feet.  
**550 baht/30min.**

## Beauty

### Facial

Our facial massage will leave your skin feeling toned and pampered. Your face will love you!  
**1,400 baht/60min.**

### Ear Candleing Facial

Combines a face massage with a cleansing ear candleing, leaving you refreshed and pampered.  
**1,500 baht/60min.**

### Manicure

Cut, file and polish for perfect nails.  
*Optional OPI additional 100 Baht.*  
**600 baht/45min.**

### Pedicure

Includes foot scrub, cut, file and polish  
*Optional OPI additional 100 Baht.*  
**600 baht/45min.**



## Packages

### Mini Escape

including a healthy snack and refreshing fruit shake  
Perfect after a long flight!

up to 1 hour	Steam
1 hour	Thai or oil massage
1 hour	Foot or head massage (add 300 baht for facial) (add 500 baht for ear candling facial)

**3 hours - 1,800 baht**

### After Sun Relax

including a healthy snack and refreshing fruit shake  
Ideal after a long day on the beach to relax and rejuvenate your skin.

30 min.	Aloe Vera Massage
1 hour 30 min.	oil or prakop massage
1 hour	Foot or head massage
30 min.	After sun facial (add 500 baht for ear candling facial)

**4 hours - 2,600 baht**

### Total Bliss

including a healthy snack and refreshing fruit shake  
The perfect package for total relaxation and beauty from head to toe.

up to 1 hour	Steam
30 min.	Body scrub
1 hour 30 min.	Thai, oil, back-neck-shoulder or prakop massage
1 hour	Foot, head or facial (add 200 baht for ear candling facial)
45 min.	Manicure or pedicure

**at least 4 hours - 3,400 baht**

### Treat 4 Two

including a healthy snack and refreshing fruit shake  
Ideal for couples or friends wishing to share an amazing spa experience.

up to 1 hour	Steam
30 min.	Chocolate body scrub
1 hour 30 min.	Vitamin E massage for her Sports massage for him
1 hour	Facial (add 200 baht for ear candling facial)

**at least 4 hours - 5,800 baht for 2 persons**